



# FRIDAY CONVERSATIONS

Real Conversations. Deeper Connection.

## Press & Media Fact Sheet

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### About

Friday Conversations is a weekly, in-person gathering in Spokane, Washington built on a simple idea: real conversations lead to deeper connection. Every Friday, members, guests, and neighbors come together over lunch for an hour-long live podcast on the week's theme, then stay for overtime to keep the conversation going. Four rotating themes give each Friday its own focus, while one shared rhythm keeps the community connected all month long.

### The Friday Rhythm

**1st Friday — Arts & Entertainment**

Creativity. Expression. Inspiration.

Hotel Indigo — Spokane Downtown · Otis Meeting Room  
Spokane, WA

**2nd Friday — Generosity**

Service. Local impact. Stronger together.

Innovia Foundation · Snake River Room  
Spokane, WA

**3rd Friday — Youth & Next Generation**

Young voices. Bright ideas. Future focus.

Precision Driving Academy — Liberty Lake Portal · Mica Peak Room  
Liberty Lake, WA

**4th Friday — Intentionality**

Purpose. Alignment. Meaningful action.

Dry Fly Distilling · Dry Fly Distilling Mezzanine  
Spokane, WA

### At a glance

<b>Cadence</b>	Every Friday, year-round
<b>Schedule</b>	12 PM lunch + networking · 1–2 PM live podcast · 2–3 PM overtime
<b>Format</b>	In-person and free to attend — all are welcome
<b>Location</b>	Spokane, WA — four rotating venues
<b>Media</b>	Live podcast with audio, video, transcripts & social-ready clips

### Brand



Deep Blue — #082D50 (Primary)

Copper — #C9772E (Accent)

Typeface: **Poppins** (headings & body).

### Press & Partnerships

Chris Durkin — [Chris@wannaware.com](mailto:Chris@wannaware.com)